



CODE OF CONDUCT FOR PARENTS OR CARERS OF triathlonscotland PERFORMANCE SQUAD ATHLETES

All **triathlonscotland** volunteers, officials and personnel abide by codes of conduct.

To help your child enjoy and progress within the sport we would appreciate if you could abide by the following:

- Encourage your child to learn the rules and compete within them
- Discourage unfair play and arguing with officials
- Help your child to recognise and value good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them enjoy the sport.
- Use correct and appropriate language at all times.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Allow coached sessions to go uninterrupted - if you require to speak to your child or the coach arrange a time before or after the session to do this.
- Discuss any concerns you may have re the **triathlonscotland** youth squad or development programme directly with either the **triathlonscotland** Performance Director or the **triathlonscotland** National High Performance Coach.
- Respect the coaches wishes if they ask you to leave the coaching or race preparation area.