

The National Stadium Sports Health and Injury Clinic

The National Stadium Sports Health and Injury Clinic, based within Hampden Park, is the most unique and unrivalled of its kind in the country; offering everyone the opportunity to have access to the finest physiotherapy and rehabilitation support available in Scotland.

The Centre provides all clients with the most qualified and experienced staff within their fields combined with best facilities available to offer the most inclusive service possible be it with injury and rehabilitation or health and fitness support. Our staff have great experience of working with elite athletes such as the Scottish National Football Team and Women's Football Team, The Scottish Ballet, UEFA Referees and many more.

Physiotherapy

With a Hydrotherapy Pool, Technogym Rehabilitation Suite and 8 treatment rooms, clients can receive the most comprehensive support possible. Being a client with the Centre also means you will have free access to all of these facilities if required.

Health, Fitness Testing and Sports Medicine

With a Performance Laboratory complete with VO2 Max Testing; a Doctors' Sports Medicine Room and Cardiology Laboratory every need of any sporting or non-sporting person can be met.

The Centre has the unique ability to offer all clients a wide range of expertise from the most experienced staff which can support the needs of your injury and performance issue no matter who you are.

The Centre consists of the following staff:

Sports Medicine Doctor

Professor of Cardiology

9 Physiotherapists

2 Sports Scientists

Sports Medicine Registrar

Podiatrist

Biomechanist

Nutritionist

Sports Massuer

Contact Information

We are open Monday to Thursday: 8am-8pm and Friday 8am to 4pm.

All members of **triathlon**scotland are entitled to £5 off physiotherapy treatments (£30 instead of £35) and 10% off all health and fitness testing services. You must present your Race Licence on the day of appointment in order to receive the discount.

To make an appointment call:- **0141-616-6161**

For further information on all the services we have to offer please visit our website at:-

www.sportsmedicinecentre.org

Like us on Facebook to receive regular updates on the clinic: -

<https://www.facebook.com/SportsInjuryClinicHampden>