

National Triathlon Series

What is the National Triathlon Series?

The National Triathlon Series recognises and rewards consistent participation and performance by Triathlon Scotland members in Adult Championship events and all Children's events (TriStar & Youths). Members gain points while participating in National Triathlon Series events and these points can eventually lead to an age group or overall prize.

We also have prizes for our affiliated junior and adult triathlon clubs, so get your friends involved!

There are two series, one for adults (17+) and one for children (8-16).

Am I eligible?

To be eligible to gain points for the series, you (the person taking part in the event) must be a Core or Ultimate member of Triathlon Scotland before each National Triathlon Series race where you wish to gain points. If you are not a member, you can [join today](#).

Remember: Triathlon Scotland Essential or Supporter members do not hold a race licence and are therefore not eligible for the series.

In order to earn points for your club, you must ensure that the correct club is listed on your membership card. You can check what club is listed on your membership by [logging into your account](#). If your club is incorrect or missing, please contact membership@triathlonscotland.org and we can update this for you.

What prize categories are there?

Adults:

- 1st, 2nd & 3rd Open and Female overall
- 1st Open and Female in each 5-year Age Group: 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Adult clubs:

- 1st, 2nd & 3rd overall

Youth:

- 1st, 2nd & 3rd Open and Female in each Age Group: TriStar Start (8), TriStar 1 (9-10), TriStar 2 (11-12), TriStar 3 (13-14), Youth (15-16)

Youth clubs:

- 1st 2nd and 3rd overall

Please note: age is taken as age at 31 December in the current year.

How are individual adult National Triathlon Series points calculated?

All individual points will be awarded from the events listed as National Triathlon Series adult events on the Triathlon Scotland website, www.triathlonscotland.org/events/national-triathlon-series/

Your best three scores will be used if you do four or more events. You need to do a minimum of two races to be eligible for the final results.

We will use this [scoring sheet](#) to calculate your points from each event, points are awarded to all participants, they are then calculated across the whole field, with Female and Open points calculated separately.

How are the individual youth National Triathlon Series points calculated?

All individual points will be awarded from the events listed as National Triathlon Series youth events on the Triathlon Scotland website, www.triathlonscotland.org/events/national-triathlon-series/

We will use this [scoring sheet](#) to calculate your points from each event, points are awarded to all participants per age group (e.g. TriStar 1/TriStar 2) with Female and Open points calculated separately.

Your best four scores will be used if you do five or more events, but you need to do a minimum of two races to be eligible for the final results. For youths, you need to take part in at least one aquathlon and one triathlon or duathlon.

How are adult club National Triathlon Series points calculated?

All events listed in the National Triathlon Series count towards club series points. Every Core or Ultimate Triathlon Scotland member that finishes the event will earn 5 points for your club. Each member can be counted a maximum of 5 times in a season.

The Scottish National Team Relay Championships is a focus event. Double points (10 points) will be allocated to each eligible club that finishes the event.

At the end of the season, the points scored for your club are divided by the total number of members in your club. This calculates your club's points per club member. Therefore, the club that will win the National Triathlon Series will be the club that has more Triathlon Scotland members racing more often.

Remember: you must have your club listed as part of your Triathlon Scotland membership to be eligible to gain points for your club.

How are club youth National Triathlon Series points calculated?

All events listed in the National Triathlon Series count towards club series points. Every Core or Ultimate Triathlon Scotland member that finishes the event will earn 5 points for your club. Each member can be counted a maximum of 5 times in a season.

At the end of the season, the points scored for your club are divided by the total number of members in your club. This calculates your club's points per club member. Therefore, the club that will win the National Triathlon Series will be the club that has more Triathlon Scotland members racing more often.

Remember: you must have your club listed as part of your Triathlon Scotland membership to be eligible to gain points for your club.

Club points example

Club 1 has 20 members, 15 are Triathlon Scotland members. Only Triathlon Scotland Core & Ultimate members can collect National Triathlon Series points for the club. Of these members, 10 do two qualifying races each, 1 does three races, 3 do one race and 1 does none.

Members	Races	Calculation	Total Points
10	2	$10 \times 2 \times 5$	100
1	3	$1 \times 3 \times 5$	15
3	1	$3 \times 1 \times 5$	15
1	0	$1 \times 0 \times 0$	0
Total			130

Final score = 130 points / 20 members = 6.5

Club 2 has 100 members, 50 are Triathlon Scotland members. Only Triathlon Scotland Core & Ultimate members can collect NTS points for the club. Of these members, 24 do two races each, 5 do three races each, 16 do one race each, 1 does six races and 8 do none.

Members	Races	Calculation	Points
24	2	$24 \times 2 \times 5$	240
5	3	$5 \times 3 \times 5$	75
16	1	$16 \times 1 \times 5$	80
1	6	$1 \times 5 \times 5$	25
8	0	$8 \times 0 \times 0$	0
Total			420

Final score = 420 points / 100 members = 4.2

Although club 2 is bigger and has more members than club 1, club 1 has scored higher in the series as, on average, the club has a higher proportion of Triathlon Scotland members that are racing more often than club 2.

Need to talk to us for further clarity?

If you have any questions, please email NTS@triathlonscotland.org or contact our office on 07713 645 069.